



Physical and Intervention Policy

Date updated: November 2025

Date of review: November 2026

We are aware of the different emotional needs of children. Wants of hugs are sometimes needed by children. We are happy to hug, hold hands, cuddle, tickle your child, providing both you and your child are comfortable for us to do so.

If a child needs restraining in any way i.e. separating from fighting or running into the road, we will obviously have to enforce this for the safety of your child and that of other children in our care.

Some physical contact may be needed when helping to wash hands and helping the children to go to the toilet, wiping of noses etc, this is dependent on each child's needs and will always have 2 members of staff present. We are happy to assist with toileting according to the age and stage of ability of the child. If necessary, we will change a child's clothes if they have had an accident, and will also have 2 members of staff present.

Staff are trained in the physical intervention, which emphasizes positive handling strategies to manage challenging behavior in a safe, respectful, and effective manner. Physical contact is only used as a last resort to ensure the safety of the child, staff, or others and is always.

Staff are expected to:

- Use de-escalation techniques and proactive strategies wherever possible to prevent situations requiring physical intervention.
- Ensure any physical contact is reasonable, proportionate, and necessary, and used solely for safeguarding purposes.
- Report and document all incidents involving physical contact in accordance with the organisation's reporting procedures.

This policy ensures consistency, safety, and adherence to best practices in supporting children while promoting their dignity and rights.