



Little
muddy me

Physical Contact and Intervention Policy

Date updated: November 2025

Date of next review: November 2026

At Little Muddy Me Preschool, we understand that children have varying emotional and physical needs. Our approach ensures that children feel supported, safe, and cared for while respecting their individual preferences and parental consent.

Emotional Support

- We are happy to offer hugs and cuddles to children who seek or need comfort, provided both the child and their parent/guardian are comfortable with this.
- Our aim is to provide reassurance and build a trusting bond with the children in our care.

Safety and Supervision

- For safety reasons, we will hold hands with children during outings or when walking near roads.
- In situations where safety is at risk, such as separating children during a fight or preventing a child from running into the road, we may need to restrain them gently and appropriately.

Personal Care

- We provide necessary assistance for personal hygiene, including washing hands, wiping noses, and helping children use the toilet, in line with their age and developmental stage.
- If a child has an accident, we will assist in changing their clothes to ensure they remain comfortable.

Parental Communication and Consent

- Physical interactions such as cuddles or holding hands are guided by the child's needs and preferences, ensuring their comfort and trust.

- We encourage open communication with parents to ensure they feel confident in the level of care and support we provide.

Our goal is to create a nurturing and secure environment where every child feels valued, safe, and understood. If you have any questions or concerns about this policy, please speak with a member of our team.